

CPR Rap

Iain Gilmour

Verse 1

Look at your hands, all your fingers and thumbs,
They can make a difference when and if the time comes.
If you listen to your training and you keep your head calm,
You might save a life without causing alarm.

Chorus

CPR!
CPR!

Verse 2

Cardiopulmon'ry resuscitation.
Something you can use when in a situation,
When the person on the ground don't appear to be breathin',
And there's no response to the hollerin' and pleadin'.

Chorus

CPR!
CPR!

Verse 3

Better get some help, get someone calling 999,
But better be prepared for action meantime.
Lock your hands together and put them in position,
Place them on the chest and manage the condition.

Chorus

CPR!
CPR!

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Verse 4

Get a good grip that is one you can keep going,
Swap over with a friend if you feel that you are slowing.
There's no time for a rest, if you do you will regret it,
You can have a rest when you see the paramedic.

Chorus

CPR!

CPR!

CPR!

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