

# Mighty Veg!

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## Verse 1

Take a look at the food you're eating,  
What's the thing that can be left out?  
It's been proven to make a diff'rence,  
Give your diet some extra clout.

## Chorus

It's the start of a revolution,  
Changing the world plate by plate.  
When you bring on the mighty veg!  
Want to be healthy? It's easy to do,  
When you bring on the mighty veg!  
Don't wanna miss out on all they can do,  
Take on the power that's from mighty veg!

## Verse 2

Have a sword fight with sticks of cel'ry,  
Eat the bits that will break away.  
Why not try out a veggie dib dab?  
Add some veg to your takeaway.



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