

Train, Train, Train

Catherine Brentnall

Verse 1

Do you have a sporting dream?
One you long to act out.
Like being the star of the football team,
The one they can't do without.
To make your dream a reality,
You have to get up and go.
Success takes lots of training you see,
You reap what you sow.

Chorus

Lots of practice and plenty of hard work,
Is all that you need,
You've got to train, train, train, so you're ready to succeed.

Verse 2

Maybe you dream of winning a race,
Being the first past the post.
Perhaps it's making the highest jump,
That you desire the most.
To make your dream a reality,
You have to get up and go.
Success takes lots of training you see,
You reap what you sow.

Chorus

Lots of practice and plenty of hard work,
Is all that you need,
You've got to train, train, train, so you're ready to succeed.
Ready to succeed,
You've got to train, train, train, so you're ready to succeed.

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